



OFFICE LOCATIONS and DIRECTIONS

NORFOLK: **5665 Lowery Road**
 Norfolk, Virginia 23502

- **From I-264**
 - ◆ Take the North Military Highway (Exit 13B).
 - ◆ Go approximately 1.5 miles then turn left onto Lowery Road.
 - ◆ Our office is a two story building on the left, and is located on the first floor.

- **From I-64,**
 - ◆ **East bound:**
 - Take the North Military Highway exit (Exit 281B)
 - ◆ **West bound:**
 - Take North Military Highway (Exit 281)
 - ◆ Go approximate 1 mile then turn right onto Lowery Road.
 - ◆ Our office is a two story building on the left, and is located on the first floor.

VIRGINIA BEACH: **Hilltop Medical Center**
 1788 Republic Rd. Ste. 200
 Virginia Beach Virginia 23454

- ◆ From I-264 (to Virginia Beach), take the second First Colonial Road Exit (north).
- ◆ Stay on First Colonial Road and cross Laskin Road.
- ◆ Turn left onto Republic Road (the first stoplight after you cross Laskin Road)
- ◆ Continue on Republic Road, and turn right into the Kroger Shopping Plaza.
- ◆ The Hilltop Medical Center is to the right Kroger.